

Mo

- 09.30-11.00 **basic I** sophia
 18.30-19.30 **prenatal** angelika
 18.30-19.30 **intro** jasmine
 19.45-21.15 **basic I** britta
 19.45-21.15 **basic II** jasmine (auf englisch)

Di

- 11.00-12.00 **mum & baby** rafaela
 16.00-16.45 **kids yoga*** (6-10 j.) conny
 17.00-18.00 **teenie yoga*** conny
 18.15-19.45 **basic I** iwie
 18.15-19.45 **basic II** rafaela/sabine
 20.00-21.30 **medium** jasmine

Mi

- 09.30-11.00 **basic II** sabine
 18.30-20.00 **medium** rafaela/sabine
 18.30-20.00 **basic I** xenia
 20.15-21.15 **prenatal** rafaela
 20.15-21.45 **yoga & meditation** xenia

Do

- 10.00-11.00 **prenatal** rafaela
 18.30-20.00 **basic I** rafaela/sabine
 18.30-20.00 **basic II** roland
 20.15-21.15 **intro** roland
 20.15-21.45 **basic II** sophia

Fr

- 09.30-11.00 **medium** sabine
 18.00-19.00 **prenatal** andrea
 18.00-19.30 **medium** (vv serie) rafaela/sabine

Sa

- 10.00-11.30 **basic II** sophia
 17.00-18.30 **basic I** new teachers class**

So

- 11.00-12.30 **medium** sophia/xenia
 15.00-16.00 **intro** roland/xenia
 16.30-18.00 **basic II** jasmine
 16.30-18.00 **basic I** roland